



**LEAN & MEAN<sup>®</sup>**  
From The Amino Technology Company<sup>™</sup>

## HIGH PERFORMANCE METABOLISM BOOSTER

### WHAT IS LEAN & MEAN<sup>®</sup>?

Lean & Mean<sup>®</sup> is an Amino Acid formula designed to aid in the increase of lean muscle mass and reduction of body fat. Eating a very low calorie diet can lead to dieting failure and YO-YO syndrome. Lean & Mean<sup>®</sup> supports a more efficient metabolism when integrated into a safe, balanced, higher calorie diet and exercise program.

**This means a leaner muscle to fat ratio for you!**

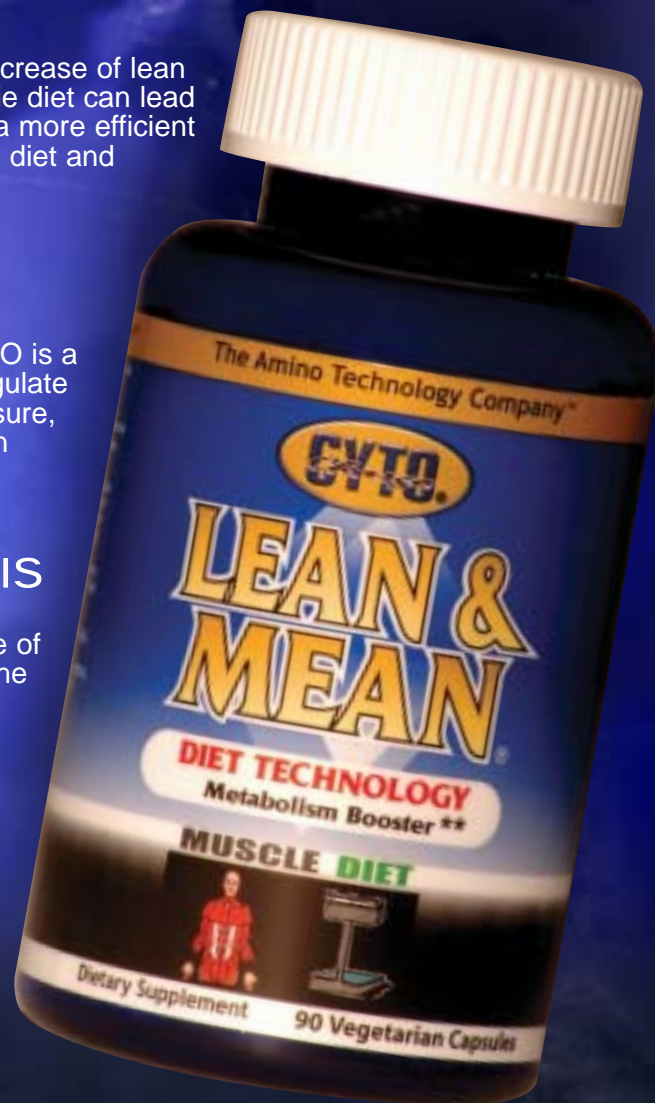
### LEAN & MEAN<sup>®</sup> AND NO SYNTHESIS

Lean & Mean<sup>®</sup> is a strong Nitric Oxide producer. Nitric Oxide or NO is a gas that is involved in hundreds of biochemical functions that regulate the human body including brain and organ functions, blood pressure, immune system, etc. In addition, NO has been proven to play an integral role in total body conditioning.

### LEAN & MEAN<sup>®</sup> AMINO ACID FORMULA IS SECRETAGOGUE

Secretagogue means that Lean & Mean<sup>®</sup> will support an increase of growth hormone and other related hormones that will enhance the reduction of body fat and increase of lean muscle mass.

- REDUCTION OF BODY FAT
- INCREASE OF LEAN MUSCLE MASS
- STRONG NO (NITRIC OXIDE) PRODUCER
- INCREASED ENERGY PRODUCTION
- INCREASED CREATINE SYNTHESIS
- INCREASED MUSCLE CONTRACTION
- INCREASED ENERGY PRODUCTION
- AMMONIA SCAVENGING



#### Lean & Mean<sup>®</sup> Formula Ingredients:

L-Lysine, L-Arginine, L-Arginine Pyroglutamate, L-Ornithine, Glycine, GamaOryzanol, Hydrolyzed Collagen, Niacin, Vitamin C (as sodium ascorbate), Pyridoxal 5 Phosphate, Boron Citrate, Kelp (Norwegian), Vegetarian capsule



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